## DIETARY REQUIREMENTS



We can accommodate specific dietary requirements (i.e. food allergies & intolerances) but do require a minimum of **3 days notice** for any specific requests which include GLUTEN FREE, NUT FREE, DAIRY FREE, WHEAT FREE and VEGAN.



## **GLUTEN FREE**

Due to the varying degrees of gluten intolerance, please be aware that our food is prepared in the same environment as non gluten free foods. Whilst every precaution is taken to avoid cross-contamination, due to the possibility of airborne particles it is not possible to guarantee that food is 100% gluten free. Please make any potential guest aware of this, so that they may make an informed choice based on their sensitivity level.

## **NUT FREE**

Again, please be aware that our food is prepared in the same environment as food containing nuts. Whilst every precaution is taken to avoid cross contamination it is not possible to guarantee that our food is 100% nut free.



If you are in any doubt about allergies and or intolerances of a family member or guest attending for refreshments, please advise us of their contact details so our catering team can talk to them directly.



Whilst we are more than happy for you to take any left over food with you following a reception at The Chestnuts, its safety cannot be guaranteed once it leaves our premises.





'THE CHESTNUTS' 15 KETTERING ROAD MARKET HARBOROUGH LEICESTERSHIRE LE16 8AN

Tel: 01858 462524 Fax: 01858 465643 Email: enquiries@jstampandsons.co.uk www.jstampandsons.co.uk